

**EXERCISE SCIENCE**  
**Bachelor of Science**

**Fall 2023**

SF 101 Foundations of Christian Faith	1
##Bible/Theology Core Class (BIB107)	3
ENG100 Writing Foundations	3
GE 100 First Year Success	1
MTH112 College Algebra ( <b>see note</b> )	3
BIO211 General Biology I w/lab	4
CHP100 Chapel & Spiritual Formation	15

**Fall 2024**

<i>Fine Arts (HUM101 or HUM103)</i>	3
GE 290 Career Development	2
GLS103 Pressing Issues	2
BIO305 Anatomy & Physiology I w/lab	4
CHM201 General Chemistry I w/lab	4
CHP100 Chapel & Spiritual Formation	15

**Fall 2025**

TH 317 Theology I	3
<i>History</i>	3
<i>Literature</i>	3
EX 301 Kinesiology	3
Exercise Science Elective	3
CHP100 Chapel & Spiritual Formation	15

**Fall 2026**

##B/T Core Class <b>OR</b> B/T Elective	3
EX 305 Care & Prev of Athletic Injuries	2
Upper-division Exercise Science Elective	3
Elective	9
	17

**Spring 2023**

##Bible/Theology Core Class (BIB112)	3
ENG120 College Writing	3
Philosophy	3
**BIO212 General Biology II w/lab	4
PSY100 General Psychology	3
CHP100 Chapel & Spiritual Formation	16

**Spring 2025**

##B/T Core Class <b>OR</b> B/T Elective	3
ENG220 Critical Reading & Writing	3
BIO306 Anatomy & Physiology II w/lab	4
CHM202 General Chemistry II w/lab	4
^Elective	3
CHP100 Chapel & Spiritual Formation	17

**Spring 2026**

TH 318 Theology II	3
<i>Communication</i>	3
BIO351 Nutrition	3
EX 402 Exercise Physiology	3
Exercise Science Elective	3
CHP100 Chapel & Spiritual Formation	15

**Spring 2027**

EX 410 Field Experience/Internship	2
Upper-division Exercise Science Elective	3
<i>Diversity Elective</i>	3
Electives	6
	14

**##Bible/Theology Core:**

Choose **3** Bible classes from:  
 BIB107 Genesis-Song of Solomon (Fall)  
 BIB112 Gospels, Acts, Revelation (Spring)  
 BIB308 Isaiah-Malachi (Spring)  
 BIB315 Pauline & General Epistles (Fall)

**AND** take **2** theology classes:

TH 317 Theology I  
 TH 318 Theology II

**AND** take one other Bible or Theology class. Refer to course catalog (website) or your academic plan in Self-Service for options.

**Liberal Arts Core:**

Classes in *italics* are part of the Liberal Arts Core. Most categories have courses that are offered each semester. Please refer to the course catalog (website) or your academic plan on Self-Service for class options.

**Other Program Notes:**

^^Take MTH113 or MTH251 as elective if you plan to take PHY201 as program elective.

\*\*BIO212 can be counted as elective for Track A. Choose a different Program elective for Track B.

**Exercise Science Electives** - Consult with faculty advisor to plan concentration electives. Some are offered alternate years. The course catalog or academic plan in Self-Service lists available options.